

Want to Get Stronger?

When Daniel was just a young man, he decided to put God first. Every day, he prayed three times a day (and probably more). Daniel was a very important man and probably had many responsibilities, but he made praying his priority. A priority is something that is very important to you. Even when the king made a law saying no one could pray to anyone but him, what do you think Daniel did? (He prayed three times a day like he had done before the law was made.) Daniel put God first, and God gave him the strength to do what was right, even when faced with the threat of being placed in a lion's den!

One of the best ways to help your kids get stronger in their faith is to help them get into the habit of having a "quiet time" each day where they read the Bible and pray. Give them a good devotional book and/or read the Bible together as a family. D6 prints devotional guides based on the weekly Bible theme for every age group. For more information, go to

<https://store.randallhouse.com/>, click on your child's age group, and order.

One night a week ask everyone to bring their devotional magazine to the dinner table and discuss what they're learning. Some questions to ask:

What is something you read and liked?

What have you learned about God this week?

What can you do to show God love?

How can something you read help you?

Ultimately Reliable

Test different materials for reliability (sheet of paper, paper towels, dish towel, wood, metal – any variety you have will do). Ask the children to gather blocks or other small toys, cars, etc. to use in the experiment.

Make two stacks of books and use the different materials to find out what makes the best bridge between the books. Lay the sheet of paper on top of the books. Then stack items to see how strong the paper is. Will it hold one block? Will it hold 5 blocks? Repeat with other materials. Each time a new material is tested for reliability, make a note of how many blocks it holds.

What material (paper, paper towels, wood, etc.) was the most reliable?

What does it mean to be reliable? (Being reliable is being strong, counted on to do what it is supposed to do, etc.)

What does it mean to say that God is reliable? (He is strong; He will do what He has said He will do; We can count on Him for help; etc.)

Another word we use for reliable is faithful. When we say that God is faithful, we mean that He is reliable. We can know that He is strong and

that He will do what He has said He will do! Daniel was faithful to pray three times a day even though breaking the law meant being thrown into a den of lions. Daniel knew God would take care of him. God *did* take care of Daniel and showed His faithfulness to love and help His people.

Five Truths of God

Items Needed: paper, pen

We can rely on these five truths about God:

God is powerful. (Jeremiah 32:17)

God can be trusted. (Proverbs 3:5,6)

God will always love me. (John 3:16)

God will never leave me. (Hebrews 13:5b)

God will do what is best for me. (Romans 8:28)

Write out these truths and place them on the fridge. There are five truths – one for each finger. Say each truth as you lift each finger.

When hard times come, we might doubt that God is with us or that He even loves us. Daniel might have felt afraid and unsure when he faced the lions in the den, but he knew God was trustworthy. Because of this, Daniel could boldly do what was right and trust God. Knowing these important truths can help us trust God no matter what happens.